



THE NEWSLETTER
of the
EAST MIDLANDS ORIENTEERING ASSOCIATION

SPRING INTO SUMMER 2018

"THERE HAVE BEEN SOME CHANGES MADE!"

B&W photocopies of OS maps /
Hand – drawn limited colour maps / OCAD maps
to IOF Specifications / **Air Photo & Lidar.**
Bring a Red Pen / **At Pre-Start**
draw any **Map Corrections /**
Draw **your course**
at speed **after the**
Start at **a Master**
Map Board / **Pre-printed**
maps on **waterproof paper.**
Cardboard **Control Cards /**
Tyvek Control Cards / **Pin Punches /**
Electronic Punching / Contactless Punching.
Colour Coded / Galoppen League / Map Memory /
Classic Long Distance / Middle Distance /
Sprint / Urban / Mixed Relay.

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EMEWS

EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

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East Midlands website: www.emoa.org.uk

Copy Date for next issue: **30th June 2018 for next EMEWS**. Contributions are always welcome but especially by e-mail (mikegardvo@sky.com).

Cover - Thanks again to Ernie for the cover - He is illustrating all the things that have changed in the 50 years of EMOA existing. For those not around you have missed the delights of the evening after a wet event when a team reviewed every control card to see if the correct pin punches were in a mass of soggy paper which was your control card! Fun!

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Report on East Midlands Meeting - 9th April 2018

EMOA Trophies - At the East Midlands Champs at Eyam Moor and Bretton Clough, Mike Godfree had taken photos of all the trophies and this was provided to the EMOA Committee. It was agreed that additional trophies should be purchased for the M85 and W75 classes.

EMOA 50th Logo and Celebration - Thanks to Ernie Williams for creating the 50th anniversary logo. Clubs are encouraged to use it on all EMOA League and Urban League events this year (on event details and maps). Pauline Olivant is to work with the organiser of the East Midlands Champs to see what mementoes, such as tea towels, t-shirts, shoe bags could be offered at the East Midland Champs in December.



Data Protection - In terms of the new Data Protection Act clubs will need to ensure they must include a disclaimer on entries sheets and comply with the requirements for the management of personal data, which must also include removing old member data. It may be appropriate for a very short policy for the region but the region does not tend to use member's personal data.

Regional Training Day - Chris Phillips has been looking in to setting this up again and at present the aim is to hold this on 17th or 24th November. It is expected at least the three courses for Controllers, Planners and Organisers would be offered.

Coaching - The National Coaching Conference is to be held on the weekend of 12th / 13th January 2019 in our region. Hilary Palmer recommended that all clubs agree to pay their coaches fees to attend the event. Other members are also invited to attend if they are interested.

JIRCS 2018 - The planning for the event is well underway now. Controllers have been appointed.

Midland Champs 2018 - Amanda noted that she felt so sorry for LEI after all the work they had put in, to have to cancel the Midland Champs at the very last moment. There is no chance of

using the area this year and the Midland Champs is already scheduled for West Midlands next year. At present it looks likely that there will be no Midland Champs this year.

Future Events:

- (i) **29/30 Sep 2018 - JIRCS 2018** - DVO - Chatsworth / Carsington
- (ii) **30 Sep 2018 - East Midlands Score Champs** - DVO - Carsington
- (iii) **16 Dec 2018 - East Midlands Champs** - NOC - Dukeries
- (iv) **17 March 2019 - CompassSport Cup Heat** - NOC - Sherwood Pines
- (v) **14/15 Sep 2019 - British Sprints / Middle 2019** - LEI / DVO - Loughborough / Chinley Churn
- (vi) **8 Dec 2019 - East Midlands Champs** - LOG - Grimsthorpe
- (vii) **2019 O East Midlands Sprint Champs** - LOG - New area
- (viii) **11 Feb 2020 - Midland Champs 2020** - DVO - Shining Cliff

Future Possible Events

- (i) **CompassSport Cup Final 2021?** (Note: not sure we could do this in same year as British)
- (ii) **British / British Relays 2021** - Still under discussion.
- (iii) **Midland Champs 2022** - NOC

EM League Program - If there are any mistakes in the League please let Ursula Williamson know as the program has changed.

Non-Member Inclusion in East Midlands League - There had been a couple of requests for members from outside the region to have their results included in the East Midlands League. They did not want to be eligible for trophies but just see their positions. Ursula had created an alternative League based on including non-EMOA members to see what this would look like. After discussion it was felt that the EM League should stay as it is with only EM members scoring points in it.

This did lead to discussion as to whether the EM Urban League should follow the same approach. It was agreed to discuss this in the future.

Levels of Events Possible in East Midlands -

English Orienteering Council - Amanda and Trudy both attended the English Orienteering Council meeting.

- i) **Treasurer's Report** - EOC need to raise money and while have used cake sales they still need to raise levy by 5p per member to 85p. It was agreed this should be held for 2 years. It may be necessary to raise it again after that. (We do have a number of folk attending EOC events and saw no problem with this increase in fees).
- ii) EOC committee congratulated all teams as had won Junior, Veterans and Senior Internationals and were 2nd in Interland.
- iii) The chairman of EOC is retiring so EOC will be looking for a new Chairmen next year.

Mapping Workshop - David Olivant is looking at holding a workshop about updating maps to the new 2017 Forest Map Spec and Sprint Map Spec. The intention is to set this up in the Autumn.

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BO Club & Association Conference - The Club & Association Conference is to take place on 20th October. Details are available on the BO website.

World Sprints - BO have co-ordinated a bid for the World Sprint Champs in 2022

Dates and venues for future meetings - All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next committee meeting is scheduled for Monday 11th June 2018. The following meeting will be the AGM which has been scheduled for Monday 24th September 2018. All members are welcome to attend committee meetings if they wish. Please do attend the AGM.

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EMJOS Summary - April 2018

10th & 11th February 2018 O' Foundation training day at Tarn Hows, Cumbria.

Ten juniors, three coaches and a parent thought it must be getting warmer soon, so travelled up in a minibus Friday to near Hawes, so they were ready for a full day training. Linking this technical terrain training experience with the Black Beck (LOC) Regional event on Sunday. But it was a weekend of snow.

The main Tarn carpark was not accessible due to the amount of snow and ice, so the group was dropped off near the southern training area and walked in (1.5km) to the start of the exercises planned by Julie Ferris (LEI). The morning theme was planning ahead for a score course (optimum routes). After 90minutes of hard running in the slippery conditions (see the videos on the EMJOS Website) and 2 people starting to show signs of hypothermia, we called it a day and returned to the warm hall.

The afternoon exercises planned by Chris O'Donnell, were all about simplifying the legs, in particular concentrating on the larger contour shapes. We all talked through 15 or more legs in small groups, assisted by the coaches. Feedback from some of the juniors was that they tried to use the simplification ideas at the Sunday event.

North East Junior Squad (eight juniors) joined us for the night in the hall. Evening entertainment was provided by Chris O'Donnell creating a couple of imaginative quiz games.

10th March DVO Matlock areas: Farley Moor and Oker Hill

This postponed training due to more snow (should have been 3rd March), was a mix of physical training (for example plyometrics and fartlek) on Farley Moor's tracks and footpaths, racing at the Level D event (medium course) at Oker Hill (small area, very steep open hillside) and technique training focusing on compass & distance, longer leg planning and contour only. The seven juniors who attended wanted more ideas for the physical training - Ant was going to put some more information on the EMJOS webpage.

25th March Byron's Walk (NOC)

Access to the area was in conjunction with the NOC Regional Event. The nine juniors ran their EM League course and then trained afterwards. Training led by Ant.

Future Training

- 21st April York University Sprints (Talent squad event) and 22nd April Wass Forest (Northern Championships), Talent Squad and summer camp selection race.
9-11 juniors signed up to compete at these events. We plan to take a minibus, additional physical training on Saturday afternoon and stay over near Thirsk in a hall. South East Junior Squad may join us.
- 28th April Cademan (LEI) combined training with Octavian Droobers and West Midlands Junior Squad. Andy Emmerson(OD) planning the exercises.
- 12th or 13th May training to be confirmed.
- 17th June combined with DVO Stanton Moor Regional Event. Training to be led by John Mather (LOG).
- Also planned to be the day for the JIRCS 2018 officials meeting.
- Ant and Ann-Marie to look ahead to the autumn session to extend the O'Planner to the end of the year.

Junior Achievements

- Interland selection 2018 - Ben Squire (NOC, M14) was selected for England and travelled to the Netherlands (10th & 11 March 2018). In the woods and dunes of Herperduin, near Oss in North Brabant (Netherlands), he came 6th (39:24) behind winner Euan Tryner SYO (30:57).
- East Midland Champs 2017 (rearranged date in 2018 due to snow!)
M12 Jake O'Donnell (DVO) W14 Rachel Duckworth (DVO)
M14 Charlie Rennie (LEI) W16 Sarah Duckworth (DVO)
M16 Ethan Tebbutt (LEI) W18 Anna Barber (LEI)
- JK 2018 Champions:
M12 Jake O'Donnell (DVO)



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Fundraising:

A very last minute cake and coffee stall was set up at the Cademan event raised £95.

There was also a very kind and generous donation from a runner who wanted their Midland Championship entry (cancelled event) given to EMJOS.

Ann-Marie to look at the autumn and winter events and ear mark early suitable events for a cake stall.



Ann-Marie Duckworth - April 2018

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Orienteering Foundation

- i) The Foundation now has an up to date website -
<https://www.orienteeringfoundation.org.uk>
- ii) A Facebook page is also available at <https://www.facebook.com/orienteeringfoundation>
- iii) Twitter <https://twitter.com/oingfoundation>
- iv) Please sign up if you would like to keep up to date with donations, grants or developments of the Orienteering Foundation.
- v) Latest News:
 - a. The Adult Coaching day, 10th February in the Lake District, was well supported, EMJS attended, despite the weather!
 - b. Provisional grant approved to junior subject to being selected for JWOC
 - c. A grant was agreed to support Lagganlia training camp.

Pauline Olivant

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East Midlands Urban League 2018

The events for the EM Urban League for 2018 are shown below. The scoring is the best 4 out of 8 events to count. Still just the one event so far.

1	DVO	Buxton	01-Jan	
2	NOC	Southwell	29-Apr	
3	LEI	Quorn	10-Jun	
4	LOG	Skegness	24-Jun	
5	LOG	Lincoln City	19-Aug	
6	NOC	Nottingham (TBC)	16-Sep	
7	LEI	Shepshed	07-Oct	
8	DVO	Oakwood	09-Dec	



Junior Men

	Name		Club	best 4	UL1
1	Jake O'Donnell	M12	DVO	100/1	100
2	Ben O'Donnell	M14	DVO	96/1	96

Junior Women

	Name		Club	best 4	UL1
1	Rachel Duckworth	W14	DVO	96/1	96
2	Alice Woodward	W12	DVO	90/1	90

Open Men

	Name		Club	best 4	UL1
1	Louis Forshaw-Perring	M20	DVO	93/1	93
2	Liam Harrington	M21	LOG	89/1	89
3	Mike Chapman	M35	LOG	88/1	88
4	David Newton	M40	DVO	86/1	86
5	Jake Warwick	M35	DVO	83/1	83

Open Women

	Name		Club	best 4	UL1
1	Sally Calland	W40		1001/1	100
2	Andrea Page	W40	LOG	93/1	93
3	Tracey Brookes	W50	LEI	91/1	91
5	Grace Pennell	W18	DVO	90/1	90

Veteran Men

	Name		Club	best 4	UL1
1	Richard Parkin	M50	DVO	93/1	93
2	Paul Murgatroyd	M50	LOG	91/1	91
3	Francesco Lari	M50	DVO	89/1	89
4	Andrew Mackervoy	M50	DVO	86/1	86
5	Andy Parry	M40	DVO	85/1	85

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6	Simon Brister	M65	DVO	83/1	83
7	James Prince	M45	DVO	81/1	81

Veteran Women

	Name		Club	best 4	UL1
1	Tanya Taylor	W45	LOG	96/1	96
2	Sal Chaffey	W50	DVO	91/1	91
3	Michelle Mackervoy	W45	DVO	89/1	89
4	Nicola O'Donnell	W45	DVO	86/1	86

Supervet Men

	Name		Club	best 4	UL1
1	Paul Addison	M60	DVO	96/1	96
2	Paul Hudson	M55	NOC	91/1	91
3	Graham Johnson	M60	DVO	89/1	89
4	Paul Morris	M60	NOC	88/1	88
5	Nicholas Evans	M55	NOC	86/1	86
6	John Hurley	M60	DVO	84/1	84
7	Russell Buxton	M60	DVO	81/1	81
8	Andy Portsmouth	M60	LEI	78/1	78

Supervet Women

	Name		Club	best 4	UL1
1	Amanda Roberts	W55	LOG	100/1	100
2	Val Johnson	W55	DVO	93/1	93
3	Sue Russell	W55	DVO	91/1	91
4	Janet Evans	W55	NOC	90/1	90
5	Kim Buxton	W55	DVO	89/1	89
7	Ruth Ellis	W65	DVO	85/1	85
8	Donna Hawkins	W55	DVO	81/1	81

Ultravet Men

	Name		Club	Best 4	UL1
1	Doug Dickinson	M70	DVO	93/1	93
2	Robert Haskins	M65	LEI	88/1	88
3	Kevin Gallagher	M65	LEI	85/1	85
4	Jeffrey Baker	M65	LOG	84/1	84
5	Derek Gale	M70	DVO	81/1	81
6	Dave Skidmore	M70	DVO	79/1	79
7	Laurie Fluck	M70	LEI	74/1	74
8	John Woodall	M80	NOC	73/1	73

Ultravet Women

	Name		Club	best 4	UL1
1	Liz Godfree	W70	DVO	100/1	100

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2	Viv Macdonald	W65	DVO	93/1	93
3	Ann Armistead	W65	DVO	91/1	91
4	Jen Gale	W70	DVO	87/1	87
5	Kirsten Williams	W65	DVO	85/1	85
6	Maureen Webb	W65	LEI	84/1	84

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East Midlands League 2018

The following are the future events still planned for the League in 2018:

22nd April - LEI - Castle Hill

17th June - DVO - Stanton Moor

14th October - DVO - Grange Wood

4th November - NOC - Nottingham (TBC)

18th November - DVO - Linacre

25th November - LEI - Bradgate Park

30th December - LEI - TBC

Here is the League status top 10s for those who have more than one thousand points:

The following events are included at this stage:

1 - Strawberry Hill (NOC)

2 - Burbage Common (LEI)

3 - Lincoln South (LOG)

4 - Bestwood (NOC)

5 - Cademan (LEI)

6 - Byron's Walk (NOC)

7 - Hardwick Park (DVO)

The Linacre event had to be postponed because of the snow, but it is now planned for November.

White - Male

Name	Club	Age	1	2	3	4	5	6	7	Total	
Lewis Bones	LOG	10	1000	1000	1000	1000	1000	1000		6000	1
Rory Squire	NOC				942				1000	1942	2

White - Female

India Turner	DVO						1000		1000	2000	1
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Yellow - Male

Josh Bones	LOG	12	1000		1000	924	662	456		4042	1
Felix Jarvis	LEI	10	974	1000			458	516	897	3845	2
Alexander Barker	NOC					1000	1000	1000	839	3839	3

Yellow - Female

Alexa Lindsay	DVO			1000			900			1900	1
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Orange - Male

Ian Jarvis	LEI	50	905	1000	1000					2905	1
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Orange - Female

Robyn Jarvis	LEI	12	1000	1000	978				1000	3978	1
Sarah Pennell	DVO	50	738	855	717		276			2586	2

Light Green - Male

Joseph Turner	DVO		1000						1000	2000	1
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Light Green - Female

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Libby Barber	LEI				1000		869	1000		2869	1
Lisa Cooke	DVO	40	873	615				432	858	2778	2
Hannah Mather	LOG				1000			560	1000	2560	3

Short Green - Male

Kevin Gallagher	LEI	65	864	1000	934	620	829	1000	981	6228	1
David Anderson	LEI	75	784	892	897	1000	823	884		5280	2
John Woodall	NOC	80	661	732	645	707	703	733	771	4952	3
Peter Chick	LEI	70	693	759	835	712		811	985	4795	4
David Bray	LEI	65	771	827	800	920	919			4237	5
Andrew Breakwell	NOC	70	867	646	584		1000		953	4050	6
Peter Leake	LEI	75	775	881		839	782	660		3937	7
Ernie Williams	LEI	75	633	748		556	553	660	713	3863	8
John Cooke	DVO		539				649	682	717	2587	9
Ranald Macdonald	DVO		717				842		736	2325	10

Short Green - Female

Ursula Williamson	LEI	55	637	787	927	874	1000		770	4995	1
Jen Gale	DVO	70	903	921		899	809		821	4353	3
Maureen Webb	LEI	65	740		907	846	952	603		4048	3
Ann Armistead	DVO		1000			938	864		963	3765	4
Diane Ford	LEI			549	670	591		531	614	2955	5
Viv Macdonald	DVO		984				933		957	2874	6
Christine Middleton	DVO	70	864	1000		941				2805	7
Jane Booker	NOC					965		871		1836	8
Helen Finlayson	DVO		962						874	1836	8
Christine Elliott	NOC						1000	826		1826	10

Green - Male

Simon Ford	LEI	75	977	869	993	1000	1000	985	1000	6824	1
Andis Ozols	DVO	35	671	575	678	712	523	756	635	4550	2
Roger Edwards	LEI		896		862		741	1000	912	4411	3
Jeffrey Baker	LOG	65	886	719	582		610	867	716	4380	4
Rex Bleakman	DVO			973		812	623	891	995	4294	5
Doug Dickinson	DVO	70	950	1000	756	831	742			4279	6
Dave Skidmore	DVO	70	737	720	540	606	638	835		4076	7
Andy Hawkins	DVO	70	823	785		716	773	749		3846	8
Andy Portsmouth	LEI		630		686	612	562	697	623	3810	9
Chris O'Donnell	DVO	50	661	559	608		624	712		3164	10

Green - Female

Jane Burgess	DVO		636	738	745	955	821	788	743	5426	1
Liz Godfree	DVO		1000	1000	1000		819		1000	4819	2
Ruth Ellis	DVO		661		641	845	842	728	684	4402	3
Kim Buxton	DVO		655	639	765	1000			678	3737	4
Amanda Roberts	LOG			825	940		838	1000		3603	5
Jane Dring-Morris	LEI		550	619	654	755		761		3339	6
Margaret Keeling	DVO			607	576	780		622	663	3248	7
Anne Cunningham	DVO		402	477	503	649		581	592	3204	8
Joanne Nell	RAFO			702	736	837			672	2947	9
Donna Hawkins	DVO		508	478		633	523	599		2741	10

Blue - Male

John Hurley	DVO		683		1000	846	836	713	913	4991	1
Steve Schofield	NOC		745	863	979	743		736	903	4969	2
Alastair Paterson	LEI		558	688	761	634	672	633	693	4639	3
Jake O'Donnell	DVO		770	985	957			1000	829	4541	4
Chris Bosley	LEI		775		876	812	957	895		4315	5

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Mike Gardner	DVO	60	728	877		746	906		792	4049	6
Russell Buxton	DVO		626	856	858	662			912	3914	7
Andrew Ridgway	NOC		659	898	905		690	671		3823	8
Ian Wilson	LEI		707	853		721	736	701		3718	9
Mike Godfree	DVO		818	905	871		904			3498	10

Blue - Female

Tanya Taylor	LOG		1000	1000	1000	1000	939	980	1000	6919	1
Alison Hardy	LEI		776	937		702	1000	1000		4415	2
Jillian Barker	NOC			714		603	804	675	759	3555	3
Jessica Dring-Morris	LEI		812	813	869					2494	4
Grace Pennell	DVO		587	562	591			639		2379	5
Sal Chaffey	DVO		925	886						1811	6
Anna Barber	LEI			923				816		1739	7
Imogen Wilson	LEI		913	816						1729	8
Tracey Brookes	LEI			796					853	1649	9
Nicola Hart	DVO		555						904	1459	10

Brown - Male

Francesco Lari	DVO		780		721	927	789	736	1000	4953	1
Alan Le Moigne	DVO		616	873	696	840			863	3888	2
Richard Leake	LEI		856	989			971	790		3606	3
Richard Dearden	NOC		842	980		873	839			3534	4
Paul Goodhead	DVO			980	685		738		858	3261	5
Richard Parkin	DVO		978		1000			1000		2978	6
Edward de Salis Young	LEI			1000			945	609		2554	7
Craig Lucas	LOG				608	821		634		2063	8
Richard Robinson	NOC		1000						975	1975	9
Steve Green	NOC					980			939	1919	10

Brown - Female

Jenn Gaskell	DVO		1000	656	816	1000	568	1000	683	5723	1
Julie Ferris	LEI			1000			1000		1000	3000	2
Helen Chiswell	DVO				1000		855			1855	3

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Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

April

Sat 28 th	Elvaston Castle - Derby Parks Challenge	D	DVO	EM	Elvaston Castle	Derby	
Sat 28 th	Saturday League	D	LEI	EM	Donisthorpe Woodland Centre	Ashby	SK318141
Sat 28 th	(CANCELLED) Wivenhoe Sprints	D	SOS	EA	Wivenhoe Park	Wivenhoe	
Sat 28 th	Local and schools event - Shire Brook	D	SYO	YH	Shire Brook Valley	Sheffield	SK413842
Sat 28 th	Orienteering Taster Session	Act	LEI	EM	Bradgate Park	Leicester	
Sun 29 th	Regional Event - West Haigh	C	SYO	YH	West Haigh & New Park Springs	Barnsley	SE408083
Sun 29 th	HAVOC SWELL & ESSOL event	C	HAVOC	EA	Hadleigh Park	Hadleigh, Essex	TQ802869
Sun 29 th	East Midlands Urban League 2018	C	NOC	EM	Southwell	Southwell	

May

Tue 1 st	MDOC Introductory Event (1)	D	MDOC	NW	Lyme	Disley	SJ964823
Wed 2 nd	LEI Summer League 2	D	LEI	EM	Burbage Common	Leicester	SP447953
Wed 2 nd	Matlock Club Night	Act	DVO	EM	Hall Leys Park	Matlock	
Wed 2 nd	Poacher 4 - Mausoleum Woods	D	HALO	YH	Mausoleum Woods	Great Limber	TA1350870
Thu 3 rd	Spring Series	D	LOG	EM	Witham St Hughs	Lincoln	
Sat 5 th	Allestree Park - Derby Parks Challenge	D	DVO	EM	Allestree Park	Derby	
Sat 5 th	Explore The Parks	D	NOC	EM	Rushcliffe Country Park	Ruddington	SK575320
Sun 6 th	Mike Nelson BOK Trot	B	BOK	SW	New Beechenhurst	Cinderford	SO621121
Sun 6 th	YHOA Urban League	C	AIRE	YH	Kippax	Kippax	SE408292
Sun 6 th	WML Event #4	C	WCH	WM	Shoal Hill	Stafford	
Sun 6 th	SMOC Keyne-O, Loughton Valley Park	D	SMOC	EA	Loughton Valley Park	Milton Keynes	
Mon 7 th	Biddulph Grange -park 1	D	POTOC	WM		Leek	

EMEWS

Wed 9 th	Poacher 5 -Hendale	D	HALO	YH	Hendale	Grasby	TA108068
Wed 9 th	Matlock Club Night	Act	DVO	EM	Whitworth Park, Darley Dale	Matlock	
Thu 10 th	LEI Summer League 3	D	LEI	EM	Sence Valley	Ashby	SK404113
Thu 10 th	MDOC Introductory Event (2)	D	MDOC	NW	Lyme	Disley	SJ964823
Thu 10 th	Club Night	Act	LOG	EM	University of Lincoln	Lincoln	
Sat 12 th	WAOOC Urban Sprint	C	WAOOC	EA	St Neots	St Neots	
Sat 12 th	SO "Sunny Sussex Weekend" Event 1 (of 3) - SE Middle Distance Champs	C	SO	SE	Rivers Wood and part of Balcombe Estate	Between Balcombe and Haywards Heath	
Sat 12 th	SO "Sunny Sussex Weekend" event 2 (of 3). Evening Sprint event, Goffs Park, Crawley	C	SO	SE	Goffs Park	Crawley	
Sat 12 th	Local and schools event - Millhouses	D	SYO	YH	Millhouses Park	Sheffield	SK331827
Sat 12 th	Saturday League 8. Hood Park	D	LEI	EM	Hood Park	Ashby	SK357180
Sun 13 th	SO "Sunny Sussex" Weekend (event 3 of 3) incorporating SE League & Yvette Baker Trophy Heat	B	SO	SE	Worthlodge Forest	Crawley	
Sun 13 th	(WMOA League #5) OD Event - Bentley Wood	C	OD	WM	Bentley Woods	Atherstone	SP291966
Tue 15 th	LEI Summer League 4	D	LEI	EM	Outwoods	Loughborough	SK514159
Tue 15 th	MDOC Introductory Event (3)	D	MDOC	NW	Lyme	Disley	SJ964823
Wed 16 th	Matlock Club Night	Act	DVO	EM	Black Rocks Country Park	Cromford	
Wed 16 th	Poacher 6 Twigmoor Woods	D	HALO	YH	Twigmoor Woods	Scunthorpe	SE933062
Wed 16 th	OD Summer Evening Event - Kingsbury Water Park	D	OD	WM	Kingsbury Water Park	Tamworth	
Thu 17 th	Club Night	Act	LOG	EM	Lincoln West End	Lincoln	
Sat 19 th	British Orienteering Championships (UKOL)	A	MAROC	SOA	Balmoral	Braemar	
Sat 19 th	Explore The Parks	D	NOC	EM	Highfields Park & University East	Nottingham	SK546382
Sun 20 th	British Relay Champs	A	MAROC	SOA	Torphantrick	Ballater	
Sun 20 th	British Trail O Champs	A	GRAMP	SOA	Crathes Castle	Banchory	NO735968
Sun 20 th	TVOC Chiltern Challenge Level C Event	C	TVOC	SC	Great Hampden & Whiteleaf	Princes Risborough	
Wed 23 rd	LEI Summer League 5 and World Orienteering Day Event	D	LEI	EM	Conkers Waterside and Sarah's Wood	Ashby	SK309156
Wed 23 rd	World Orienteering Day Event - Whitworth Park	D	DVO	EM	Whitworth Park	Matlock	
Wed 23 rd	Poacher 7 plus WOD Event Primrose Woods	D	HALO	YH	Primrose Woods	Scunthorpe	SE965650

EMEWs

Wed 23 rd	OD Summer Evening Event - Kenilworth	D	OD	WM	Abbey Fields & Kenilworth Urban	Kenilworth	
Wed 23 rd	Evening event on World Orienteering Day	D	SYO	YH	Loxley Common	Sheffield	SK307909
Thu 24 th	MDOC Evening Event (2)	C	MDOC	NW	Lyme	Disley	SJ964823
Thu 24 th	Training	Act	LOG	EM	Ermine East	Lincoln	
Sat 26 th	Scottish Championships Individual (UKOL)	B	INVOC	SOA	Achagour & Dulsie	Inverness-Nairn	
Sat 26 th	Tamar Triple Urban Event	C	KERNO	SW	Exeter University campus	Exeter	SX915936
Sat 26 th	Whitfield valley -park 2	D	POTOC	WM		HANLEY	SJ887508
Sun 27 th	Scottish Championships Relays - Roseisle North	C	MOR	SOA	Roseisle North	Burghead	
Sun 27 th	Tamar Triple (UKOL)	B	DEVON	SW	Braunton Burrows	Barnstaple	
Mon 28 th	Tamar Triple (UKOL)	B	DEVON	SW	Braunton Burrows	Barnstaple	
Mon 28 th	York City Race YHOA Urban League	C	EBOR	YH	York	York	
Wed 30 th	Poacher 8 Kingsway Gardens	D	HALO	YH	Kingsway Gardens	Scunthorpe	SE874111
Thu 31 st	LEI Summer League 6	D	LEI	EM	Wakerley Great Wood	Leicester	SP960987
Thu 31 st	Training	Act	LOG	EM	Boulltham	Lincoln	

June

Sat 2 nd	The Dales Town and Country Weekend / YHOA Superleague	B	AIRE	YH	Kilnsey South	Skipton	SD992351
Sat 2 nd	Explore The Parks	D	NOC	EM	Rushcliffe Country Park	Ruddington	SK575320
Sun 3 rd	The Dales Town and Country Weekend / YHOA Urban League	C	AIRE	YH	Skipton	Skipton	SD977642
Sun 3 rd	WMUL Event #2	C	WCH	WM	Lichfield City	Lichfield	
Sun 3 rd	SMOC Keyne-O, Howe Park Wood	D	SMOC	EA	Howe Park Wood	Milton Keynes	
Mon 4 th	LEI Summer League 7	D	LEI	EM	Bradgate Park	Leicester	
Wed 6 th	Matlock Summer Series	D	DVO	EM	Oker Hill, South Darley	Matlock	
Wed 6 th	Poacher 9 Normanby Le Wold	D	HALO	YH	Normanby Le Wold	Caistor	TA300214
Wed 6 th	OD Summer Evening Event - Hartshill Hayes	D	OD	WM	Hartshill Hayes Country Park	Nuneaton	
Thu 7 th	Technical Training	Act	LOG	EM	Washingborough	Lincoln	
Sat 9 th	British Mixed Sprint Relay	B	NATO	NE	Pegswood	Morpeth	NZ230877
Sat 9 th	Queens Park longton park 3 --	D	POTOC	WM	queens park	longton	SJ910418
Sun 10 th	Morpeth Fair Day	B	NATO	NE	Morpeth	Morpeth	NZ197857

EMEWS

	urban (UKOL)						
Sun 10 th	Regional Event and YHOA School Championships	C	SYO	YH	Sandall Beat	Doncaster	
Sun 10 th	East Midlands Urban League 2018	C	LEI	EM	Quorn & Barrow	Loughborough	
Wed 13 th	LEI Summer League 8	D	LEI	EM	Brock's Hill	Leicester	SP619997
Wed 13 th	Matlock Summer Series	D	DVO	EM	Farley Moor	Matlock	
Wed 13 th	Poacher 10 Baysgarth Park	D	HALO	YH	Baysgarth Park	Barton On Humber	SE811102
Thu 14 th	Tech training	Act	LOG	EM	Birchwood	Lincoln	
Sat 16 th	HOC WMOA Urban League	C	HOC	WM	Castle Vale	Birmingham	SP150909
Sat 16 th	Explore The Parks	D	NOC	EM	Bramcote Hills Park	Nottingham	SK505380
Sun 17 th	East Midlands League 2018	C	DVO	EM	Stanton Moor	Bakewell	SK244637
Sun 17 th	YHOA Superleague and EBOR Club Championship	C	EBOR	YH	White Horse	Thirsk	
Sun 17 th	W Mids Urban League	C	HOC	WM	Birmingham/Redditch	Birmingham/Redditch	
Wed 20 th	Matlock Summer Series	D	DVO	EM	Whitesprings	Matlock	
Wed 20 th	Poacher 11 Normanby Hall	D	HALO	YH	Normanby Hall	Scunthorpe	SE889166
Thu 21 st	LEI Summer League 9	D	LEI	EM	Burrough Hill	Leicester	SK766114
Thu 21 st	Lincs Urban League	D	LOG	EM	Spalding	Spalding	
Sat 23 rd	Sea, Sand & Spires W/E Urban - YHOA Urban League	C	HALO	YH	Louth	Louth	
Sat 23 rd	Sea, Sand & Spires W/E Sprint	C	HALO	YH	Cleethorpes	Cleethorpes	
Sat 23 rd	Brough Park park 4	D	POTOC	WM		Leek	SJ986570
Sat 23 rd	Saturday League	D	LEI	EM	Hermitage Lesiure Centre	Coalville	SK434157
Sun 24 th	Harvester Relays, Tilgate Forest, Crawley	B	SO	SE	Tilgate Forest	Crawley	TQ274345
Sun 24 th	East Midlands Urban League 2018	C	LOG	EM	Skegness CC Clubhouse	Skegness	TF562632
Tue 26 th	LEI Summer League 10	D	LEI	EM	Oadby Beauchamp School	Leicester	SP627993
Wed 27 th	Lincs Urban League 2 - Brigg	D	HALO	YH	Brigg	Brigg	
Wed 27 th	Matlock Summer Series - Bottom Moor	D	DVO	EM	Bottom Moor	Matlock	
Wed 27 th	Sutton Park Colour Coded	D	COBOC	WM	Sutton Park	Sutton Coldfield	

EMEWS

Sat 30 th	Explore The Parks	D	NOC	EM	Wollaton Park	Nottingham	SK530394
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July

Sun 1 st	Yvette Baker Trophy Final	B	HOC	WM	Arrow Valley Park	Redditch	
Sun 1 st	YHOA Urban League / UKUL	C	EPOC	YH	Halifax	Halifax	
Wed 4 th	LEI Summer League 11	D	LEI	EM	Swithland Woods	Loughborough	SK537118
Wed 4 th	OD Summer Evening Event - Rough Close	D	OD	WM	Rough Close Scout Camp	Coventry	
Wed 4 th	Matlock Summer Series	D	DVO	EM	Hall Leys	Matlock	
Thu 5 th	Lincs Urban League	D	LOG	EM	Welton	Lincoln	
Sun 8 th	Sheffield City Race / YHOA Urban League / UKUL	C	SYO	YH	Sheffield City	Sheffield	
Sun 8 th	(WMOA League #6) OD Burton Dassett Hills Country Park	C	OD	WM	Burton Dassett Hills Country Park	Southam	SP396519
Sun 8 th	Hornchurch Country Park	C	HAVOC	EA	Hornchurch Country Park and Ingrebourne Hill	Hornchurch	TQ536849
Wed 11 th	Lincs Urban League 4 - Immingham	D	HALO	YH	Immingham	Immingham	
Wed 11 th	Matlock Summer Series	D	DVO	EM	tbc	Matlock	
Thu 12 th	LEI Summer League 12	D	LEI	EM	Oakham School	Oakham	SK860091
Sat 14 th	Fat Rascal - YHOA Sprint Champs/YHOA Urban League	C	AIRE	YH	Cliffe Castle and Myrtle Park	Keighley	
Sat 14 th	Staunton Harold - South Derbyshire Challenge	D	DVO	EM	Staunton Harold Reservoir - tbc	Melbourne	
Sat 14 th	Explore The Parks	D	NOC	EM	Rushcliffe Country Park	Ruddington	SK575320
Sun 15 th	Fat Rascal Weekend/YHOA Urban League	C	AIRE	YH	Bingley	Bingley	
Sun 15 th	SMOC Keyne-O, Great Linford	D	SMOC	EA	Great Linford	Milton Keynes	
Sun 15 th	Sutton Coldfield Town Centre Urban	C	COBOC	WM	Birmingham Metropolitan College - Sutton Coldfield	Sutton Coldfield	
Tue 17 th	LEI Summer League 13	D	LEI	EM	Spring Cottage	Ashby	SK298173
Thu 19 th	Lincs Urban League	D	LOG	EM	Woodhall Spa	Horncastle	
Sat 21 st	Foremark - South Derbyshire Challenge	D	DVO	EM	Foremark Reservoir - tbc	Ticknall	
Sat 21 st	Wolds Mini Marathon	D	LOG	EM	Old Bolingbroke	Lincoln	
Wed 25 th	LEI Summer League 14	D	LEI	EM	Foxton Locks	Leicester	SP691897
Wed 25 th	Lincs Urban League 6 - Market Rasen	D	HALO	YH	Market Rasen	Market Rasen	
Sun 29 th	Lakes 5 Day 1 (UKOL)	B		NW	Silver Howe	Ambleside	
Mon 30 th	Lakes 5 Day 2	B		NW	Angle Tarn Pikes	Patterdale	
Tue 31 st	Lakes 5 Day 3	B		NW	Harrop Tarn	Keswick	

August

Wed 1 st	Lakes 5 Day Rest Day Urban Race	D	LOC	NW	Ulverston Urban	Ulverston	
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EMEWS

Thu 2 nd	Lakes 5 Day 4	B		NW	Askham Fell	PooleyBridge	
Thu 2 nd	LEI Summer League 15	D	LEI	EM	Anstey Urban	Leicester	SK550086
Fri 3 rd	Lakes 5 Day 5 Middle Distance(UKOL)	B	LOC	NW	Graythwaite West	Hawkshead	
Tue 7 th	LEI Summer League 16	D	LEI	EM	Martinshaw Woods	Leicester	
Sat 11 th	Swadlincote Woodlands - S Derbyshire Challenge	D	DVO	EM	Swadlincote Woodlands - tbc	Swadlincote	
Sun 12 th	LEI Summer League 17 and LEI Score Cup	D	LEI	EM	Beacon Hill	Leicester	SK521148
Sun 12 th	Stowe Park Middle Distance	C	SMOC	EA	Stowe Park	Buckingham	SP681364
Sun 12 th	Park hall score and BBQ--	D	POTOC	WM		longton	
Wed 15 th	Ilam Park - National Trust Series	D	DVO	EM	Ilam Park	Ilam	SK131506
Wed 15 th	LEI Summer League 18	D	LEI	EM	Glenfield Urban	Leicester	SK539059
Sat 18 th	Rosliston - S Derbyshire Challenge	D	DVO	EM	Rosliston Forestry Centre - tbc	Swadlincote	
Sun 19 th	East Midlands Urban League 2018	C	LOG	EM	Lincoln City	Lincoln	
Wed 22 nd	Longshaw - National Trust Series	D	DVO	EM	Longshaw NT	Sheffield	SK296790
Wed 22 nd	LEI Summer League 19 Final and Presentations	D	LEI	EM	Aylestone Meadows	Leicester	SK573014
Fri 24 th	White Rose Night Score Event	D	EBOR	YH		Helmsley	
Sat 25 th	White Rose (& Sprint)	B	EBOR	YH	Duncombe Park	Helmsley	
Sun 26 th	White Rose and YHOA Superleague	B	EBOR	YH	Duncombe Park	Helmsley	
Mon 27 th	White Rose Relays	C	EBOR	YH	Duncombe Park	Helmsley	
Wed 29 th	Hardwick Park - National Trust Series	D	DVO	EM	Hardwick Park NT	Chesterfield	SK453639

September

Sat 1 st	British Sprint Championships (UKOL)	A		SW	Bath University	Bath	ST773644
Sun 2 nd	British Middle Championships (UKOL)	A		SW	Stock Hill	Wells	ST548511
Sat 8 th	Hurstwood National Event	B	PFO	NW	Hurstwood	Burnley	SD881313
Sat 8 th	Whitchurch Urban WMUL5	C	WRE	WM	Whitchurch	Whitchurch	SJ539415
Sat 8 th	West Park - Long Eaton	D	DVO	EM	West Park	Long Eaton	
Sat 8 th	HH Urban Event	C	HH	SE	Hatfield	Hatfield	
Sun 9 th	Peter Palmer Junior Team Relay	B	SYO	YH	Tannersley	Sheffield	
Sun 9 th	Hurstwood Regional Event	C	PFO	NW	Hurstwood	Burnley	SD881313
Sun 9 th	Hanley(west mids) Urban	C	POTOC	WM		HANLEY	SJ886487
Sat 15 th	SLOW City of London Race	B	SLOW	SE		London	
Sun 16 th	East Midlands Urban League 2018	C	NOC	EM	TBC	Nottingham	
Sun 16 th	EPOC National Event	B	EPOC	YH	Marsden Moor	Huddersfield	
Sun 16 th	LOK City of London Race Sunday	C	LOK	SE	Bloomsbury	Bloomsbury	
Sun 16 th	2018 Welsh Orienteering	B	ERYRI	WOA	Newborough Forest	Newborough,	

EMEWs

	Championships					Anglesey	
Sat 22 nd	Caddihoe Day 1	B	SARUM	SW	Perham Down	Tidworth	
Sun 23 rd	YHOA Urban League	C	SYO	YH	Gleadless	Sheffield	
Sun 23 rd	SUFFOC colour coded	C	SUFFOC	EA	Ickworth Park	Bury St Edmunds	TL825619
Sun 23 rd	Caddihoe Day 2	B	SARUM	SW	Sidbury Hill	Tidworth	
Sun 23 rd	WML Titterstone Cleve	C	HOC	WM	Titterstone Cleve	Ludlow	SO598757
Sat 29 th	Junior Inter Regional Championships Individual	A	DVO	EM	Chatsworth	tbc	
Sun 30 th	Junior Inter Regional Championships Relays	A	DVO	EM	Carsington Pastures	tbc	
Sun 30 th	YHOA Championships and Superleague	C	CLARO	YH		Harrogate	
Sun 30 th	EM Score Championships 2018	C	DVO	EM	Carsington Pastures	Matlock	

October

Sat 6 th	Liverpool Big Weekend Day 1 Formby Dunes (UKOL)	B	DEE	NW	Formby Dunes	Formby	
Sun 7 th	Liverpool Big Weekend Urban Event (UKOL)	B	SELOC	NW	Liverpool University	Liverpool	
Sun 7 th	East Midlands Urban League 2018	C	LEI	EM	Shepshed	Loughborough	
Sun 7 th	NOR colour coded	C	NOR	EA		Norfolk	
Sun 7 th	SMOC Keyne-O, Campbell Park	D	SMOC	EA	Campbell Park	Milton Keynes	
Sun 7 th	Tony Haw Score - Ryton Pools	C	OD	WM	Ryton Pools Country Park	Coventry	SP370724
Sat 13 th	October Odyssey day 1	B	CLOK	NE	Flyingdales	Whitby	
Sat 13 th	Berryhill local event--	D	POTOC	WM		h	
Sun 14 th	October Odyssey day 2	B	CLOK	NE	Sneaton	Whitby	
Sun 14 th	East Midlands League 2018	C	DVO	EM	Grangewood	Swadlincote	
Sat 20 th	YHOA Urban League	C	HALO	YH	Gainsborough	Gainsborough	
Sat 20 th	GO City Race	C	GO	SE	Godalming	Godalming	
Sat 20 th	DVO Club Championships - closed event, DVO members only	D	DVO	EM	Shipley Country Park	Ilkeston	
Sat 20 th	British Orienteering Association and Club Conference 2018	B	BOF	BOF	TBD	West Midlands	
Sun 21 st	Compass Sport Cup Final	A	WCH	WM	Abraham's Valley	Rugeley	SJ994210
Sat 27 th	Oxford City Race	D	OUOC	SC		Oxford	
Sat 27 th	Alfreton Park	D	DVO	EM	Alfreton Park	Alfreton	
Sun 28 th	EBOR Urban	C	EBOR	YH	Woodthorpe	York	
Sun 28 th	WMOA Relays - Sutton Park (tbc)	C	OD	WM	Sutton Park	Sutton Coldfield	
Sun 28 th	High Ash	C	WAOC	EA	High Ash	Mundford	TL735752